Testimonials

I was skeptical about working with a coach. After speaking with and listening to Angela, I wondered why I had waited so long. Her warm, gentle, approach helped me to feel more comfortable as I face the day-to-day challenges of caregiving. I am more objective.

Judith S.

I listen to one of Angela’s relaxation cds when I feel stressed and need an instant pick me up. It makes a difference in my life.

Catherine J

Angela and her coaching skills and strategies have been rewarding for me and my family. We look forward to our conference calls with her. Call her to get started with one of her programs.

Andrew L.

Thank you, Angela for sharing ideas to function better as a family.

Wanda M.

New Beginnings is really a comprehensive service to get you going again and feeling better about your relationships. Angela is all about serving. She does not hesitate to offer, refer and recommend the services of other professionals. It is very complimentary.

Carol J.

Warm, friendly, gentle, kind, compassionate. Conversations with Angela are all about you. Helping you get or figure out what you want, where you want to be.

Claudia S.

Angela listens. That is the best part of it.

Martha G.

Angela offers an expert call with other professionals. These are people who can help in other ways that are totally different from the services she provides. Selflessness.

Audrey W.

Angela has this motto – Because Caregivers Need Care Too. That’s her focus. She encourages us to take time for ourselves. It makes sense.

Chrystal R

My mother is in a nursing care facility. The social worker invited Angela to a family meeting.

We felt very comfortable with her. She shared ideas I had not thought of before. We want her to visit us more often.

Janice B

Have you heard Angela’s laugh? It is warm and soothing. She is a gentle spirit helping me to take care of myself. I feel her smile through the phone.

Sandra H.

Sign up for her class. Join her group. She can make a difference in your life.

Sarah W.