

Don't despair—there's always New Beginnings



As children, we never expect to become the care-taker for our parents. In our relationship with our spouse, we don't imagine that we'll turn into their care-giver. However, circumstances arise in both of these situations, compelling us to assume these roles.

In these situations, our parent and spouses frequently need more care and attention than we, as individuals, are equipped to provide. The need for specialized physical and mental care, requiring trained medical staff, is quite common. Many people are faced- with a decision that seems unthinkable, perhaps even cruel... sending a parent or spouse to a nursing care or assisted living facility.



Deep feelings of guilt at what seems like abandoning the parents that raised us or the spouse that has been our life-partner can be overwhelming. Anxiety over the treatment your loved-ones will receive in a nursing care facility and the financial burden to cover the rising cost of assisted care are also very difficult issues to deal with in these very trying situations.



But don't despair, you are not alone, **New Beginnings** is here for **You**. New Beginnings is a guidance and coaching service that provides support and assistance to family members facing the difficult transition involved in placing parents, spouses and loved-ones in nursing care facilities. We sponsor a monthly support group that meets to discuss the emotions, fears and needs of the family members making these difficult choices. Our goal is to share common experiences, engage in problem solving, and generally provide encouragement and positive reinforcement for one another through these difficult times.